

HEALTHY AGEING, POPULATION AND SOCIETY

Issue 2

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NEWSLETTER



Dear reader,

We are pleased to present the second newsletter of the interdisciplinary research programme Healthy Ageing, Population and Society (HAPS). HAPS is a joint programme of the departments [Epidemiology](#), [Sociology](#) and [Demography](#) of the University of Groningen, and the [Netherlands Interdisciplinary Demographic Institute](#) (NIDI).

The HAPS programme is a unique initiative within the field of Healthy Ageing, because all research projects within HAPS primarily focus on aspects of the **social context** that play a role in healthy ageing. HAPS examines the social processes of healthy ageing within a life-course perspective. Detailed information on our mission, research projects, staff and future events can be found on our [website](#).

In this newsletter you find an overview of our HAPS activities of last year and an impression of the upcoming HAPS events.

Last year, we held our annual HAPS seminar on 'A life course approach to Healthy Ageing', and we organised a special HAPS symposium on the congress of the Dutch Gerontological Society (NVG).

We, unfortunately, also had to say goodbye to HAPS board member Prof Dr Inge Hutter. Nevertheless, it is great to see that many of our PhD students and post docs have published their work in international peer reviewed journals. Three of our HAPS members also obtained an individual grant from ZonMw (NPO/TOPICS-MDS).

In the upcoming months, a number of HAPS activities are being planned. One of our core activities, which we proudly announce, is the exhibition "[How to get to 100 and enjoy it](#)" in the Der Aa-Kerk in Groningen (June 7th - 19th 2016). During this period, we will also organize our annual HAPS seminar "How to get to 100 - and enjoy it" with keynote speaker [Prof Dr. Rudi Westendorp](#).

With kind regards,

HAPS coordination team

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IMPORTANT DATES

- November 19th 2015 16.30 – 17.30 **HAPS Lecture ‘Successful ageing and socioeconomic adversity – Results from the Longitudinal Aging Study Amsterdam (LASA)’** by dr. Martijn Huisman from Dept Epidemiology & Biostatistic, VUmc and Dept Sociology, VU university, Amsterdam
Location: Grote Rozenstraat 31, Groningen (Gadourek lecture room: 126-Bouman)
- November 20th 2015 12.00 – 17.30 **NIDI/RUG conference: Early life circumstances and late life outcomes**
Location: NIDI, Lange Houtstraat 19, The Hague
- December 1st 2015 16.15 – 17.00 **Inaugural Lecture by Prof. Dr. Nardi Steverink. “De kracht van sociale relaties. De invloed van sociale relaties op zelf managementvaardigheid, gezondheid en welbevinden”**
Location: Academic Building, Broerstraat 5, Groningen
- January 12th 2016 12.00 – 16.00 **PRC/NIDI/HAPS Ageing & mortality research meeting.**
Location: Van Swinderen Huys, Oude Boteringestraat 19, Groningen
- January 12th 2016 16.30 – 17.30 **HAPS lecture by dr. Mikko Myrskylä (director Max Planck Institute for Demographic Research, Rostock, Germany)**
Location: Van Swinderen Huys, Oude Boteringestraat 19, Groningen
- June 16th 2016 12.30 – 17.30 **HAPS seminar “How to get to 100 – and enjoy it” with keynote speaker Prof. Dr. Rudi Westendorp**
Location: Het Kasteel, Melkweg 1, Groningen
- June 7th until June 19th 2016 **Exhibition: “How to get to 100 – and enjoy it”**
Location: Der Aa-Kerk, Akerkhof 2, Groningen

EXHIBITION HOW TO GET TO 100 – AND ENJOY IT

June 7 – June 19, 2016, HAPS will host the exhibition “[How to get to 100 and enjoy it](#)”. The exhibition – developed by Population Europe in collaboration with the Max Planck Society and Archimedes Exhibitions – combines recent research on demographic change with the individual life course. Through the use of iPads, interactive games, as well as accessible images, graphs and texts, visitors can experience the challenges and chances demographic change presents to their own lives. The exhibition can be visited at the Der Aa-Kerk in Groningen daily from 9 am to 5 pm.



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HAPS SEMINAR

On June 18th 2015, the topic of our annual HAPS seminar was “A Life Course approach to healthy ageing”. Keynote speaker for this event was [Prof. dr. Diana Kuh](#), Professor of Life Course Epidemiology at University College London. On this seminar, the PhD-students and Post-docs of the HAPS research program have presented the results of their projects. An overview of the program, including abstracts of the presentations can be found [here](#). A Dutch summary of this annual seminar was published in [Kennis InZicht](#).



FAREWELL INGE HUTTER



On July 2nd 2015, prof. Inge Hutter said goodbye to the University of Groningen and to HAPS. After 25 years as a member of the faculty of Spatial Sciences, of which the last couple of years as Dean, but also Board member of HAPS, Inge will start her new job as rector of the International Institute of Social Studies in The Hague in August 2015. We are grateful to Inge for initiating and co-founding HAPS and her further contribution to collaboration between demography, epidemiology and sociology and we wish her all the best in her new position.

THE BI-YEARLY CONGRESS OF THE NVG/KNOWS

HAPS presented her research program in a special HAPS-symposium during the congress of the Dutch Gerontological Society (Nederlandse Vereniging voor Gerontologie/KennisNetwerk Ouder Worden en Samenleving - NVG-KNOWS), held in De Reehorst in Ede on October 2nd....[read more](#)

GRANTS

In June 2015, three of our HAPS members obtained an individual grant from ZonMw (NPO/ TOPICS-MDS):

Eva Kibele, PhD (Demography): [Kwaliteit van leven van zelfstandig wonende kwetsbare ouderen: de rol van mantelzorg en leefomgeving](#)

Bart Klijs, PhD (Epidemiology): [Last van ziekten! Welke ziekten zijn de grootste oorzaak van beperkt functioneren, verlies van kwaliteit van leven en zorggebruik in de oudere bevolking?](#)

Marloes Oldenkamp, MSc (Epidemiology): [Mantelzorg, de oplossing? In welke mate kan mantelzorg het gebruik van formele zorg doen afnemen, en wat zijn hiervan de gevolgen voor de mantelzorger?](#)